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In loving memory of Mr. José G. Esparza


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 HOUSTON, TEXAS

 FOUNDED BY:
 José G. Esparza And Lilia S. Esparza
 /1993/
 1415 North Loop West, Suite #820
 Houston Texas, 77008
 Phone: (713)880-1133
 Fax: (713)880-2322

 PUBLISHERS
 GABRIEL ESPARZA
 gabriele@queondamagazine.com

 SPORTS EDITOR
 MICHAEL A. ESPARZA
 michael@queondamagazine.com

 EVENT COORDINATOR
 ADRIANA CHAVEZ
 adriana@queondamagazine.com

 WRITERS
 MICHAEL WHITMIRE / RENZO HEREDIA
 ANTHONY GALLIEN / TONY DIAZ
 TATCHO MINDIOLA / DR SERGIO LIRA
 SILVIA MINTZ

 PHOTOGRAPH
 VICTOR LOPEZ

 REPORTER / PHOTOGRAFER
 VICTOR ESCALANTE
 EDWARD SAENZ
 INDIRA ZALDIVAR
 ALEJANDRO GONZALEZ / MITY MEXICO
 RAFAEL F. CAMACHO PUGA / CANCUN MEXICO

 JOURNALIST / PHOTOGRAPHER
 VICTOR VELA / CDMX MEXICO

 TOURISM / SPECIALIST
 ROSARIO FATIMA VAZQUEZ MEDINA
 MARCELA GARCÍA PEÑA

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¡FELIZ MES DE LAS MADRES!



Por Olga Toscano

¿Qué onda, mamás increíbles de qué onda Magazine? Hoy quiero dedicar este blog a celebrar la fuerza, el amor y la sabiduría que nos inspiran las madres en cada paso de nuestra vida.

Las madres son como faros en la tormenta, siempre iluminando nuestro camino con su

amor incondicional y su sabiduría infinita. Desde el momento en que nacemos, nos envuelven en un abrazo cálido y nos enseñan el significado del verdadero amor.

Desde cambiar pañales a medianoche hasta escuchar nuestras preocupaciones adolescentes, las madres están siempre ahí para nosotros. Son nuestras mejores amigas, nuestras consejeras y nuestras mayores admiradoras.

A pesar de que nadie nos enseña el camino siempre estamos dispuestas a dar lo mejor. El trabajo de ser madre nunca termina, pero lo hacen con una gracia y una fuerza que nunca dejan de sorprendernos. Son maestras en el arte del malabarismo, equilibrando el trabajo, la familia y su propio bienestar con una sonrisa en el rostro.

Pero ser madre también es una montaña rusa de emociones. Hay días de alegría y risas, y otros de lágrimas y desafíos. Sin embargo, a pesar de los altibajos, las madres nunca dejan de ser el pilar de fuerza en nuestras vidas.

En este mes dedicado a honrar a las madres, recordemos tomar un momento para

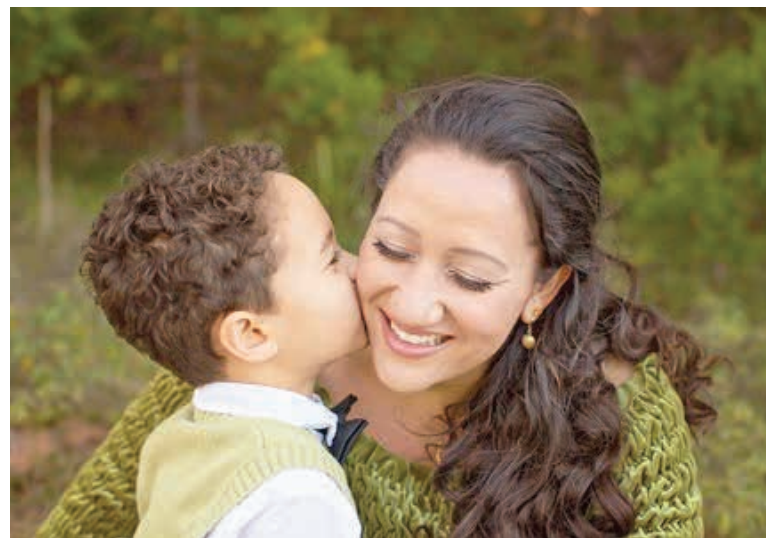
agradecerles por todo lo que hacen. Desde un simple "te quiero" hasta un abrazo reconfortante, cada gesto cuenta y significa el mundo para ellas.

En lo personal un agradecimiento eterno a mi gran pilar, a mi señora madre Adelina Martínez Alanís, por su amor incondicional.

Así que aquí va un enorme ¡GRACIAS! a todas las madres que nos han dado tanto amor, apoyo y orientación a lo largo de los años. Vuestra dedicación y sacrificio no pasan desapercibidos, y os estamos eternamente agradecidos.

En Qué onda Magazine, celebramos a todas las mamás increíbles que hacen del mundo un lugar mejor con su presencia. ¡Feliz mes de las madres!

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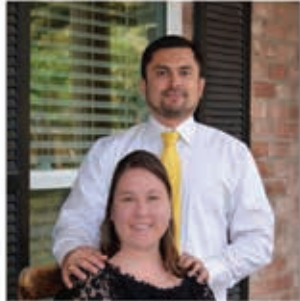

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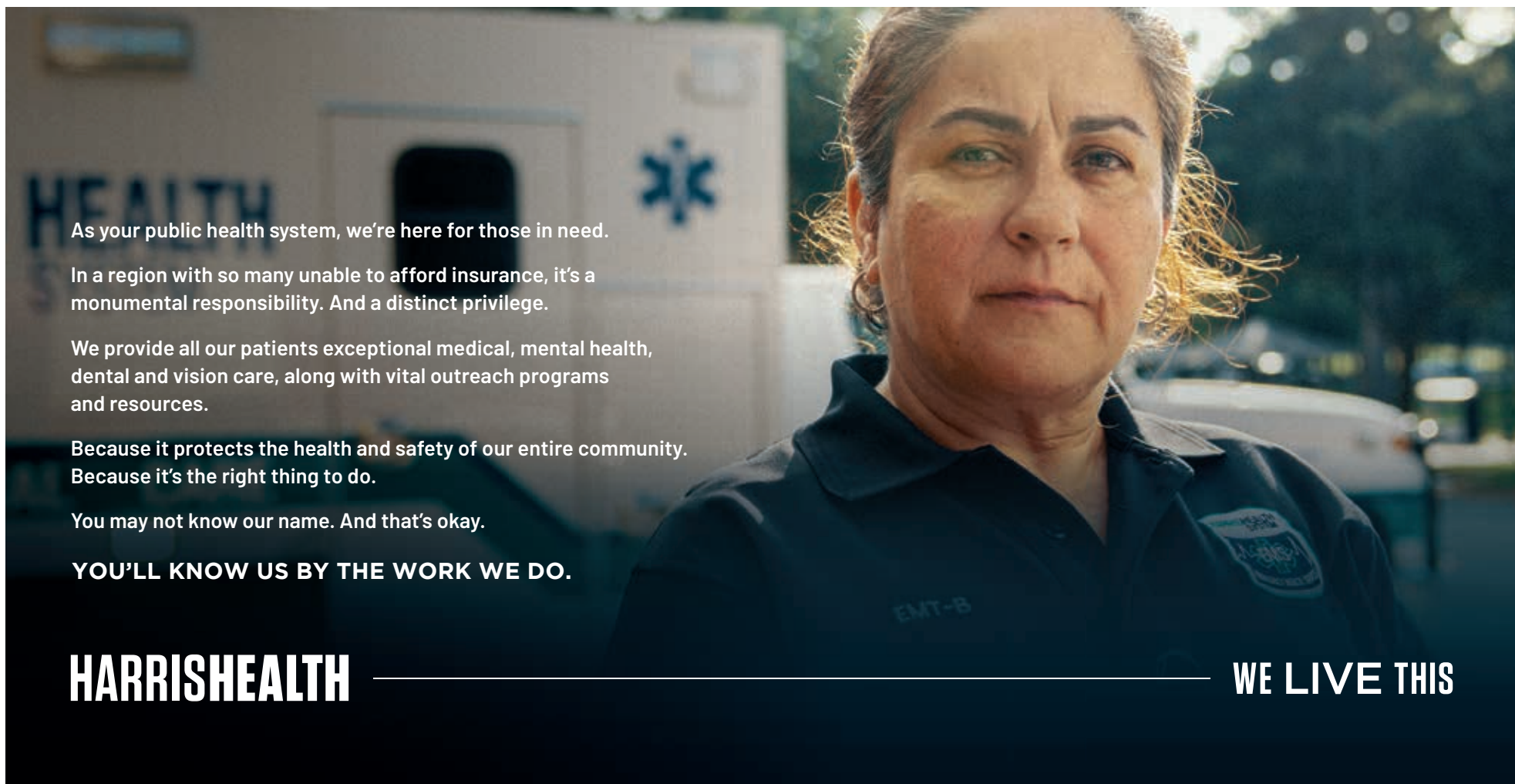
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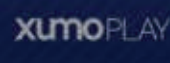
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EDWARD POLLARD

HOUSTON CITY COUNCIL DISTRICT J

Edward Pollard is a proud product of Southwest Houston. He attended all HISD schools (Lovett, Johnston, Lamar), before accepting a basketball scholarship to Morehouse College in Atlanta, GA. While in college, Edward was recognized as an NCAA Academic All American and graduated with honors earning his BA in Political Science. After playing professional basketball overseas in the Republic of Singapore and Chile, South America, Edward returned to Houston to pursue his law degree. He attended Thurgood Marshall School of Law where he graduated with honors earning his Juris Doctorate with a concentration in Government and Policy. Edward later received his Certificate in Negotiation Mastery from Harvard Business School.

Professionally, Edward is the principal owner of Pollard Legal Group, LLC, a boutique civil litigation law firm located in District J.

Edward is also the founder of Suits for Success, a 501c3 organization that mentors teen boys on life skills at District J high schools. The semester long program focuses on public speaking, etiquette training, personal finance, resume building, interview techniques, and how to tie a tie. At the completion of the program, each student receives a free suit, shirt, and tie for high school graduation and life beyond.

As Council Member, Edward represents District J which covers the areas of St George, Gulfton, Sharpstown, Braeburn, Westwood, and Alief. District J is arguably the most diverse community in the entire country, and Edward is proud to serve so many people from different backgrounds and cultures. Edward is a lifetime member of the historic Antioch Missionary Baptist Church downtown, and is married with two children.







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QUE ONDA CON LOS CONTRATISTAS LA SUCESIÓN EN LOS NEGOCIOS FAMILIARES DE TEXAS

Los negocios familiares representan una parte significativa del tejido empresarial de Texas. Desde las rancherías familiares hasta los prósperos negocios locales, estas empresas no solo son pilares económicos, sino también custodios de historias, valores y legados familiares. Sin embargo, enfrentan desafíos únicos cuando se trata de planificar la sucesión. En este artículo, exploraremos la importancia de la sucesión en los negocios familiares de Texas y cómo estas empresas pueden prepararse para asegurar su continuidad y éxito a través de las generaciones.

Consejos familiares y Profesionales

A menudo los empresarios nos da algo llamado “ceguera de taller” la cual significa que estamos tan involucrados en la operación que dejamos de ver objetivamente el negocio y dejamos pasar oportunidades y actualizaciones para nuestros negocios; por ello siempre es importante contar con un consejo consultivo de profesionistas externos que nos ayuden organizar, vislumbrar oportunidades y analizar lo que sea mejor para la compañía.

Un consejo familiar dentro de la compañía con nuestros familiares, nos ayuda a tomar decisiones que brinde equilibrio dentro de la familia que resuelva conflicto de intereses y apoye al crecimiento de la compañía y de los familiares que pertenezcan a esta. Esto ayuda también a unificar y estrechar lazos en la familia a saber los objetivos claros y la meta que la siguiente generación debe de llevar ya sea crecer o vender.

Comenzar temprano, Planificar con Cuidado

Una de las claves para una sucesión exitosa en los negocios familiares es comenzar temprano y planificar con cuidado. Esto implica identificar y desarrollar a los líderes de la próxima generación, proporcionarles la capacitación y la experiencia necesarias para asumir roles de liderazgo, y establecer un plan claro y transpar-

ente para la transición de la propiedad y el control de la empresa.

Preservar la Cultura Corporativa y los Valores Fundamentales

Uno de los mayores desafíos en la sucesión de negocios familiares es preservar la cultura corporativa y los valores fundamentales que han sido el corazón y el alma de la empresa durante generaciones. Las empresas deben asegurarse de que la próxima generación esté comprometida con estos valores y tenga una comprensión profunda de lo que hace que la empresa sea única y exitosa en el mercado.

Buscar Asesoramiento Profesional

Dada la complejidad de la sucesión en los negocios familiares, es fundamental buscar asesoramiento profesional para guiar el proceso. Los asesores financieros, legales y empresariales pueden proporcionar experiencia y orientación objetiva para ayudar a las familias empresarias a tomar decisiones informadas y estratégicas sobre el futuro de su empresa.

En conclusión, la sucesión en los negocios familiares es un proceso multifacético que requiere una planificación cuidadosa, compromiso familiar y asesoramiento profesional. Al anticipar los desafíos y prepararse adecuadamente, las empresas familiares pueden preservar su legado y continuar prosperando a lo largo de las generaciones en el vibrante paisaje empresarial de Texas.



NAMC by Isabel Zetina.

MAYRA BANDA

Soy Mayra Banda, orgullosamente Mexicana originaria de la Ciudad de Monterrey, Nuevo León. Estudie la carrera de Lic. En Ciencias de la Nutrición en la misma ciudad y en donde me case hace 26 años. Ejercí mi carrera de Nutrición en México unos años y por cuestiones de trabajo de mi esposo, llegamos a Estados Unidos en Noviembre del año 2002.]

A lo largo de 21 años ya en este maravilloso País, mi esposo y yo hemos visto crecer y desarrollarse a nuestros hijos, que ahora ya tienen 24, 19 y 13 años. Y soy una mamá orgullosa de mis príncipes en cada uno de sus aspectos y soy orgullosamente mamá de un Marine de los Estados Unidos. He tenido la oportunidad de trabajar en hospitales, consultorios médicos en el área de Nutrición, y también la oportunidad de desarrollarme en diferentes ámbitos en ayuda a la comunidad, trabajando en escuelas directamente con los niños migrantes de diferentes Países, así como en trabajos de voluntariado, programas comunitarios, organizaciones sin fines de lucro, etc.

Actualmente trabajo en el área de Nutrición para una organización Gubernamental que ayuda a la comunidad a mejorar sus oportunidades en el área de salud, económica, emocional y social. Al mismo tiempo disfruto hacer lo que me apasiona, que es el estar enfrente de una cámara haciendo una diversidad de programas en los medios sociales, que van desde programas de revista con diferentes entrevistas con personas del medio artístico y personas dentro de nuestra comunidad, así como programa de Nutrición con expertos en la salud.

Actualmente colaboro dentro de la revista Que Onda Magazine con un programa de información para nuestra comunidad hispana y que compartimos 5 mujeres de diferentes personalidades y maneras de pensar, pero lo que nos hace iguales, es que somos al mismo tiempo... "Tremendas y Divinas". Mayra Banda



OLGA TOSCANO

Olga Toscano, nació en Monterrey, N.L., México, reside en Houston Texas por más de 30 años, madre de 4 hijos y abuela de 5. Hoy en día Olga Toscano se destaca como una apasionada coach de vida, especializada en la transformación integral de la mente, el alma y el cuerpo. Se convirtió en defensora del crecimiento personal y el bienestar fundando la aclamada academia “Transforma Tu Vida”, donde impacta positivamente ofreciendo un espacio de aprendizaje continuo.

Certificada como Coach de Transformación y con sólida formación en inteligencia emocional, psicología positiva, mindfulness y nutrición, Olga guía con empatía y dedicación hacia el éxito personal y la felicidad. Además, es autora de 5 inspiradores libros de autoayuda, “La Metamorfosis del Éxito”, “5 Factores Clave para Triunfar”, “Mi Hijo es Homosexual”, “Lidera y Transforma tu Vida” y “Me Olvidé de Vivir”, así como creadora de un planificador de 90 días para superar la procrastinación.

Motivada por experiencias personales, ha creado espacios de apoyo para padres con hijos LGBTQ+, proporcionando un entorno seguro. Su misión incluye compartir conocimiento en entrevistas y conferencias, colaborando con distinguidas personalidades como el Dr. César Lozano y Nayo Escobar, entre otros.

Contribuyó con su blog en la Nota Houston, y en 2022 fue la imagen de portada en la revista Mujeres de Negocios Internacionales Magazine. En 2023 y 2024 fue nominada como escritora del año en CBBA Radio, y fundó “Mujeres con Visión”, una organización enfocada en catalizar el cambio positivo en la vida de las mujeres y la sociedad.

Comenzando el año 2024, colabora con su blog quincenal enfocado en la salud integral para Qué Onda Magazine. Es una de las conductoras del programa Tremendas y Divinas.

La capacidad de Olga para adaptarse y crecer a lo largo de los años es un testimonio de su inquebrantable compromiso con el desarrollo personal.

Olga Toscano
Conferencista Memorable.

Para contactarla:
Olgatoscanooficial@gmail.com
Facebook : Olga Toscano
Instagram : Olgatoscanooficial
YouTube : Olga Toscano



ADELAYDE RIVAS SOTELO

Adelayde Rivas Sotelo, oriunda del país de Nicaragua. 20 años como profesional en las ciencias de la comunicación. Fundadora de Global Communication Resources, oficina de marketing digital y desarrollo empresarial sostenible en Houston TX. Apasionada defensora de los temas ambientales, sociales y culturales de la región centroamericana. Certificada como Guía de Terapia de Bosque. Su misión es crear más oportunidades a niñas y adolescentes en las ciencias y las tecnologías, a través del proyecto “Niñas con alas”, el cual se desarrolla en países de Centroamérica y el Caribe.

Miembro oficial del Equipo Extendido de la organización internacional ASHOKA-Centroamérica y México. Fotógrafa y productora audiovisual, ganadora de premios internacionales por su contribución a la promoción de campañas ambientales a favor de la ciencia ciudadana, la conservación de la biodiversidad y el desarrollo social en regiones de interés para la conservación del medio ambiente.

Adelayde Rivas Sotelo Terapia de Bosque Global Ashoka México, Centroamérica y El Caribe NIÑAS CON ALAS Global Communication Resources



SONIA RUBIO

Mi Nombre es Sonia Rubio y soy orgullosame originatia del estado de Hidalgo México.

Llegué a los Estados Unidos en el año 2002. Tengo 22 años casada con un hombre maravilloso y soy madre de 4 hijos, 3 hombres y 1 mujer.

Este país me a dado la oportunidad de desarrollar mi potencial como líder comunitaria y contando con el apoyo del Consulado Mexicano en el 2007 formé junto con otros lideres la primera Federación Hidalguense en Houston con 14 grupos de oriundos, esto me habrió la puertar a ser Consejera de IME 2009-2011.

Con la Federación Unión Hidalguense se gestionaron varios proyectos comunitarios en México y aqui en Houston se firmaron varios acuerdos de colaboración con; abogados, clínicas, funerarias para apoyar a la comunidad, También organizamos por 5 años evento deportivo y culturales.

Como Mamá, siempre estoy involucrada en los voluntario de las escuelas de mis hijos y es los deportes que ellos practican.

Como mujer y emprendedora también e tenido grandes y maravillosas experiencias; Ya casada obtuve mi certificado de GED, un curso de computación, 2 diplomados en desarrollo Humano y otros cursos mas. Tuve por 5 años una compañía de limpieza y en 2008, junto con mi esposo inciamos en el negocio de compra y venta de propiedades.

Actualmente soy parte de AMSIF una organización dirigida al desarrollo integral de mujeres.

Mi esposo y yo somos propietarios de

Pedro Perez Painting & Remodeling y de Dream Town Home Investment LLC. También soy parte del equipo de trabajo de "Viva tu Casa" una compañía dedicada a la venta de casas y préstamos hipotecarios.

Soy Una Mujer Totalmente Bendecida por Dios.

AMSIF Houston



MONICA TORRES-CUZA

Me llamo Monica Torres-Cuza, nací un 4 de agosto del 1981 en Puerto Rico. Llegué a los Estados Unidos a los 17 años. Comencé mis estudios en psicología en la Universidad Internacional de la Florida donde conocí a mi esposo Francisco Cuza. Llevamos 24 años casados con 2 maravillosos hijos.

En el 2002 decidí estudiar una carrera corta en facturación médica, la cual terminé y trabajé en esa industria por unos 4 años.

En el 2007, cuando nació nuestro segundo hijo, decidimos que yo no iba a trabajar más afuera para dedicarme 100% a nuestros hijos. ¡Fue una bendición!

En el 2019, por razones de la vida, mi esposo decidió retirarse de su carrera en la medicina y juntos decidimos emprender en el mundo de bienes raíces lo que me llevó a hacerme agente de bienes raíces.

En el 2021 decidimos abrir nuestra propia compañía de corretaje de hipotecas, la cual se llama TLD CAPITAL, LLC. y actualmente seguimos trabajando duro en equipo para seguir creciendo la misma.

En el 2023 la vida me dio la oportunidad de comenzar un podcast de temas de la vida real, "Desahogos" y al mismo tiempo colaborar con Que Onda Magazine haciendo entrevistas para sus publicaciones.

Monica Torres-Cuza Real Estate Services TLD Capital, LLC
Monica Torres Cuza





KINGWOOD MAN SENTENCED TO 45 YEARS FOR SHOOTING LONGTIME GIRLFRIEND

A Kingwood man who fatally shot his longtime girlfriend with a shotgun and then tried to portray the murder as a suicide was sentenced to 45 years in prison late Tuesday, Harris County District Attorney Kim Ogg said.

“Domestic violence comes in all shapes and sizes, and we are glad that jurors saw through this defendant’s lies and were able to give the victim and her family justice,” Ogg said.

Matthew Haberland, 38, was convicted of murder for killing 35-year-old Ashley Wallace at their Kingwood-area home on the morning of June 21, 2022. They had been in a relationship for at least five years before the murder.

Haberland shot Wallace on the couch

of the living room while couple’s two young children and the woman’s son were in the home. Haberland then reported to Houston police that he had walked in and found his wife surrounded by blood before rushing the children out of the home.

Police became suspicious after information provided by Haberland did not match the physical evidence and it was discovered that the relationship between Haberland and Wallace was not in a good place. After initially staying on scene while police were investigating, Haberland later left by jumping a fence and making his way to the Kingwood greenbelt trails, where he was apprehended.

On Tuesday, after eight days of trial, a Harris County jury convicted Haberland of murder and sentenced him to 45 years in prison.

Assistant District Attorney Lindsey Bondurant, who is a chief in the DA’s Office’s Domestic Violence Division, and ADA Rashonda Shaw, who is also in the Domestic Violence Division, prosecuted Haberland.

“There was no evidence of suicide — she was not suicidal and did not kill herself,” Bondurant said. “This defendant didn’t take just one life, he ruined so many lives because of what he did. Her family — her children — will have to live the rest of their lives without her.”

Haberland must serve at least half of the prison sentence before he will be eligible for parole.



WANTED FOR ROBBERY

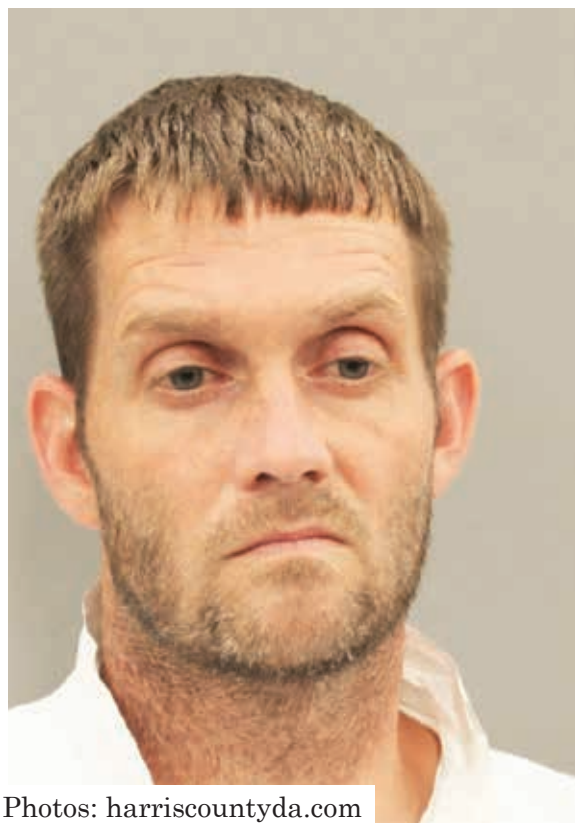
complices emerged from a parked vehicle and assaulted the victim. The female suspect seized the victim’s phone, keys, and car during the altercation.

Authorities describe the suspect as a Black woman in her mid-twenties. Law enforcement officials suspect that her first name might be Tiffany and she could also be known by the alias “Sunshine.”

Crime Stoppers and the Houston Police Department’s Robbery Division seek the public’s help in identifying a suspect involved in a robbery.

On Sunday, March 31, 2024, around 10:00 p.m., an unidentified female perpetrator robbed a victim in the 11300 block of Westheimer Rd. in Houston, Texas. The incident occurred during an argument between the female suspect and the victim over a financial matter. The dispute escalated to the parking lot, where several unidentified male ac-

Crime Stoppers may pay up to \$5,000 for information leading to the charging &/or arrest of the suspect in this case. Information may be reported by calling 713-222-TIPS (8477), submitted online at www.crime-stoppers.org or through the Crime Stoppers mobile app. Only tips and calls DIRECTLY TO Crime Stoppers are anonymous and eligible for a cash reward.



Photos: harriscountyda.com



Robbery Suspect | Photo: crime-stoppers.org

HOUSTON PUBLIC WORKS

SET USAGE BILLS BEGIN FOR SINGLE-FAMILY RESIDENTIAL CUSTOMERS

During the month of May, single-family residential customers will begin receiving set usage water bills as part of Mayor John Whitmire's Water Bill Improvement Plan. Set usage bills will provide customers with consistent water bills while Houston Public Works makes necessary improvements to ensure the accuracy of each customer's monthly water usage readings. Customers will continue to receive set usage bills until they receive an upgraded remote reading device OR confirmation that their current device is working and providing accurate usage readings to the billing system. Last month, Houston Public Works sent letters notifying customers of their set usage. Set usage bills will be printed on blue paper and arrive depending on a customer's billing cycle.

Customers are billed on various dates throughout each month. The City of Houston determined the set usage for single-family residential customers based on the age of their account.

- For customers with accounts older than one year (created before March 1, 2023) the set usage is calculated by using the customer's average water consumption up to 36 months. This calculation does not include usage during the drought (June – December 2023), the winter storm freeze (February and March 2021), potential water leaks on a customer's property and months with estimated billing.
- For customers with accounts less than one year old (created after March 1, 2023) the set usage of 3,000 gallons per month will be assigned based on the average

consumption for new Houston water accounts.

USING MORE OR LESS THAN SET USAGE

- If a customer has a functioning remote reading device and uses less than their set usage, the City of Houston will bill the customer on their lower, actual usage.
- If a customer with a functioning remote reading device uses more than their set usage, they will not be charged for using more water than their set amount.

Single-family residential customers can check to see if their remote reading device is functioning on the Houston Public Works dashboard at improvewaterbills.org.

Customers with questions about their set usage or water bill accounts are encouraged to call 713.371.1400. We also have in-person appointments available Tuesdays, Wednesdays and Thursdays between 10 am – 3 pm at 4200 Leland (Houston Public Works Water Customer Service Office). There is also a virtual Microsoft Teams option if a customer is unable to attend in person. To schedule an appointment, please visit improvewaterbills.org.

ABOUT HOUSTON PUBLIC WORKS

Houston Public Works (www.HoustonPublicWorks.org) is the largest and most diverse public works organization in the country, responsible for creating a strong

foundation for Houston to thrive. Houston Public Works is responsible for streets and drainage, production and distribution of water, collection, and treatment of wastewater, and permitting and regulation of public and private construction covering a

671-square mile service area. Houston Public Works is accredited by the American Public Works Association.

Facebook, X, Instagram and Nextdoor: @HouPublicWorks



WATER BILL IMPROVEMENT PLAN

Single-family
residential customers
will be billed a
set usage
*which will be seen in May bills.

More Info:
improvewaterbills.org



UN MENSAJE DE DÍA DE LAS MADRES PARA NUESTRAS HIJAS

Este día de las madres se cumplen casi ocho años desde que enfrenté la segunda de mis dos dolorosas pérdidas de embarazo. Cada una de ellas me dejó hospitalizada.

Fui bendecida de que las leyes en Texas, y en el país, no eran lo que son ahora. Por eso, pude obtener la atención que necesitaba para estabilizarme.

Ese no sería el caso hoy día.

En la década de 1980, el presidente Reagan firmó la Ley de Tratamiento Médico de Emergencia y Trabajo de Parto (EMTALA, por sus siglas en inglés), garantizando a cada persona el derecho a ser estabilizada en una sala de emergencias, independientemente de su capacidad para pagar. Las nuevas prohibiciones estatales en contra del aborto amenazan con eliminar este derecho y limitar la capacidad de los médicos para administrar tratamientos que salven vidas.

Ya estamos viendo el impacto de estas leyes conflictivas. Reportajes en medios de comunicación han presentado numerosos casos en los que se pusieron en riesgo las vidas de mujeres tras no ser admitidas en hospitales y no recibir estabilización. Recientemente, en el Condado Harris, una mujer tuvo un aborto espontáneo en el baño de la recepción de una sala de emergencia porque se le negó la ayuda médica.

Esta es la realidad actual de mis tres niñas, quienes están creciendo con menos derechos que sus abuelas. Como madre, latina y católica, me indigna profundamente ver cómo va disminuyendo la igualdad al tiempo que le arrebatan las libertades a mis hijas y a todas las mujeres jóvenes. Como abogada y exjueza, me horroriza ser testigo de cómo el sistema legal se convierte en un arma contra las mujeres en lugar de proteger sus derechos fundamentales.

Cuando la Corte Suprema de los Estados Unidos revocó el caso de Roe vs. Wade, borró medio siglo de progreso y le dijo a nuestras hijas que los legisladores de sus estados tendrían la última decisión sobre sus cuerpos.

Cuando la legislatura de Texas aprobó una ley draconiana que prohíbe los abortos sin excepciones en casos de violación o incesto, le dijo a nuestras hijas que sus derechos eran menos importantes que los de un criminal.

Y cuando Texas demandó a la Administración Biden alegando que EMTALA no avala el derecho a un aborto, incluso en casos de emergencias médicas, le dijo a nuestras hijas que la atención de estabilización garantizada para todos los estadounidenses no aplica para ellas.

Por este clima político extremo, la sobrevivencia de nuestras hijas estará condicionada por unas leyes hechas por unos pocos que manejan la Corte Suprema y la legislatura de algunos estados.

En un escenario similar en Idaho, la Corte Suprema decidirá si revoca décadas de práctica bajo EMTALA a favor de la prohibición casi total del aborto, lo que probablemente afectaría el caso relacionado de Texas. Para ambos estados, la muerte debería ser el umbral. Es decir, a un médico sólo se le debe permitir realizar un aborto si determina que la paciente moriría si no se le practica.

Los magistrados de la Corte Suprema, especialmente las mujeres, presentaron ejemplos hipotéticos y reales que incluían evaluaciones como "meramente una enfermedad grave", la pérdida de órganos o la futura capacidad de tener hijos.

La respuesta breve de Idaho sobre la decisión entre la muerte o la opción de "meramente una en-

fermedad grave", es subjetiva; en este estado, la atención médica no debería ser un derecho en absoluto solo hasta que una mujer esté cerca de morir.

Si la Corte Suprema falla a favor de Idaho, las mujeres embarazadas en Idaho, Texas y muchos otros estados no podrán ser estabilizadas en centros de atención. Por el contrario, los médicos se verían obligados a dejar que su salud se deteriora hasta que estén seguros de que podría morir.

Pero, incluso cuando los políticos extremistas trabajan para socavar los derechos fundamentales de los estadounidenses, mi mensaje para nuestras hijas es este: los líderes del Condado Harris lucharemos para proteger su acceso a la salud reproductiva.

Gracias a la asignación directa de fondos federales de la Ley del Plan de Rescate Estadounidense de la Administración Biden-Harris, la Corte de Comisionados que conformamos mis colegas y yo, logró una asignación de seis millones de dólares para nuestro Fondo de Acceso a la Atención Médica Reproductiva.

Dentro de los límites de las leyes de Texas, el Condado Harris está invirtiendo en organizaciones locales para brindar servicios esenciales de atención médica reproductiva, incluido el acceso a servicios integrales de planificación familiar, exámenes de detección de enfermedades de transmisión sexual y más.

En el Condado Harris estamos fortaleciendo la capacidad de las mujeres de controlar su futuro reproductivo, ya sea

a través de la educación, la planificación familiar o las pruebas de salud. Estamos transmitiendo un mensaje alineado con los principios de EMTALA: usted merece acceso a la atención.

Entonces, mientras los extremistas buscan ganar puntos políticos alejados de la mayoría de los estadounidenses, nosotros estamos tomando acciones para apoyar a nuestras madres y familias.

Porque, como el tercer condado más grande del país, ¡el Condado Harris resiste! Y esta madre texana luchará con todas sus fuerzas hasta el final para construir la Texas que nuestras hijas merecen.

**Comisionada Lesley Briones
Precinto 4/Condado Harris**



THINGS TO DO FOR MOTHER'S DAY IN HOUSTON

- **Mother's Day Brunch at Little Hen** – Stroll through the River Oaks District before landing at this meticulously decorated wonderland to enjoy all the best of brunch dishes from the prix fixe menu, including mimosas, drip coffee and cocktails. \$65. 9am.
- **Mother's Day Champagne Brunch at the 1880 Garten Verein** – Discover the wonder of the gorgeous 1880 Garten Verein where you can dine on an illustrious brunch menu alongside live music and with a special gift for moms. An optional ticket add-on will also give you access to the 50th annual Galveston Historic Homes Tour, which closes on Sunday. \$90 and up. 10am to noon.
- **Mother's Day Walk at Houston Botanic Garden** – Make memories at this special nature and nurture walk for Mother's Day. The focus at this event will be for families to unwind, be inspired and connect while enjoying the outdoors with captivating art installations, complimentary wellness treatments, and more. \$25 and up; \$15 and up for ages 4 to 17; free for ages 3 and under. 10am to 2pm.
- **Free Rooftop Pilates Class at Post Houston** | **FREE** – Head to the Skylawn for a morning pilates class with a view at Post Houston. Syncd Pilates will take you through a 50-minute, full-body mat pilates session, open to all levels and experience. Bring a mat, towel and water bottle. 11am.
- **Mother's Day Brunch at Tony's** – Dine in one of Houston's iconic restaurants with a fabulous three-course prix fixe menu, including options such as caviar and spritz, so you can maintain your status as the favorite. \$80; \$30 for ages 12 and under. 11am to 3pm.
- **Mother's Day Brunch at the Eldorado Ballroom** – Lucille's offers up a delicious brunch spread for Mother's Day at the historic Third Ward ballroom. Enjoy tastes of waffles, fried chicken, shrimp creole, grits, eggs, and more. Moms receive a complimentary mimosa. \$55 per person. Noon to 3pm.
- **Mother's Day Groove & Brew at 8th Wonder Brewery** | **FREE** – More than 40 local vendors bring everything from flowers and jewelry to soap, candles and more at this Mother's Day market at the EaDo brewery. Noon to 6pm.
- **Mother's Day at Kemah Boardwalk** | **FREE** – Explore the Bay Area boardwalk and enjoy lunch or dinner as a family, plus rides and live music throughout the day. Score a \$5 discount for moms on an all-day ride pass with one purchase. 1pm to 9pm.
- **Sugar Land Space Cowboys vs. Oklahoma City Baseball Club at Constellation Field** – The sixth and final game of this series for the Space Cowboys offers a Mother's Day celebration, plus a crossbody bag giveaway to the first 2,000 fans through the gates. Kids can also have a pregame catch on the field, snag player autographs, and run the bases after the game. \$11 and up. 2pm.
- **Sip & Create: Pearls of Wisdom at the Bead Bar** – The jewelry bar in Spring Street Studios hosts a special Mother's Day class with food and drink on offer. Together with your partner, you'll create two pearl bracelets and a necklace, and can take advantage of photo ops for a lasting keepsake. \$75. 2pm to 4:30pm.
- **DIY Pollinator Container Garden at Houston Arboretum & Nature Center** – Grab your garden gloves and apron as you work together with a mom or friend to create your own cheerful, spring-themed native plant container garden. Ages 5 and up. \$65. 2:30pm.
- **USPA Regional Classic Southwest: Mother's Day Edition at Houston Polo Club** – Gallop along with the ponies for Mother's Day with a special edition that features a Ladies Best Hat contest along with live music, a player parade, and delectable bites from the Lymbar. \$18 and up. 5pm.
- **The Riot presents Mother's Day Sunday Night Comedy Showcase** – Cap off Mother's Day weekend with some laughs as the comedy club upstairs at Rudz hosts a special edition of its weekly comedy showcase. Ages 21 and up. \$10 and up. 8pm.



Photo: twitter.com/GalvestonIsland



GOVERNOR ABBOTT ADDS COUNTIES TO DISASTER DECLARATION FOR SEVERE WEATHER, FLOODING

Weather Service (NWS), areas of North, West, Central, and East Texas face an increased risk of severe thunderstorms bringing excessive rainfall leading to flash flooding. NWS is forecasting extreme river flooding for Central and East Texas river basins. River impacts across major river basins are expected to continue through next week, meaning river flooding threats will persist through that time. Historic releases from lake and reservoir operators will contribute to major flooding for downstream rivers and tributaries. Texans below those reservoirs and along river systems impacted by water releases are encouraged to heed warnings of local emergency management officials. Additionally, severe weather threats will include large hail, damaging wind, and possible tornadoes.

Overnight, state responders assisted with multiple high-water rescues in Central and Southeast Texas. Additionally, state transpor-

tation and law enforcement personnel have assisted with road closures and sandbagging efforts. Impacted school districts are reporting altered schedules due to weather impacts.

The Texas State Emergency Operations Center continues to operate at Level II (Escalated Response), with 24-hour emergency management council operations, in order to support requests for state assistance from local officials in areas impacted by storms and flooding.

Texans are urged to monitor local forecasts, make an emergency plan, and follow instructions of emergency response officials. Never drive or walk through flooded roads, and do not drive around barricaded roadways. Remember: Turn Around, Don't Drown.

Texans can access flood information at TexasFlood.org, find flood preparedness tips at [\[Ready.gov\]\(http://Ready.gov\), check road conditions at \[DriveTexas.org\]\(http://DriveTexas.org\), and locate severe weather resources at \[tdem.texas.gov\]\(http://tdem.texas.gov\).](http://Texas-</p>
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Governor Abbott continues to take action to provide all available resources to help support local communities from the impacts of severe weather, including:

- Ready state emergency response resources ahead of wildfire and severe weather threats last week
- Issuing a disaster declaration yesterday for counties affected by recent storms and deploying additional state emergency response resources in anticipation of severe weather and flooding this week
- Increasing the readiness level of the State Emergency Operations Center to help support requests for state assistance from local officials

Governor Greg Abbott today expanded the state's disaster declaration to include 59 counties in at-risk areas for severe weather and flooding, with the updated disaster declaration covering 88 counties in total. Additional counties may be added as conditions warrant.

"As flooding conditions and severe weather continue in multiple regions across Texas, I expanded the disaster declaration to add 59 counties to ensure Texans and their communities receive the assistance and support they need to stay safe," said Governor Abbott. "For Texans in at-risk areas, it is important to remain weather-aware, follow the guidance of state and local officials, and avoid traveling in dangerous flood conditions. The State of Texas continues working with emergency management and local officials to deploy any additional resources needed to provide ongoing support and protect our fellow Texans."

The counties added to the disaster declaration include: Anderson, Angelina, Austin, Bandera, Bastrop, Bell, Bexar, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Cherokee, Colorado, Comal, Coryell, DeWitt, Falls, Fayette, Gillespie, Gonzales, Gregg, Guadalupe, Hamilton, Hardin, Hays, Henderson, Houston, Jasper, Jefferson, Johnson, Karnes, Kendall, Kerr, Kimble, Lampasas, Lavaca, Lee, Llano, Mason, Medina, Milam, Nacogdoches, Newton, Orange, Panola, Robertson, Rusk, Sabine, San Augustine, Shelby, Smith, Travis, Van Zandt, Waller, Washington, Williamson, and Wilson counties.

According to the National



Photo by: Karen Warren

BUSINESS

HOUSTON STILL NO. 1 CITY FOR TRADE IN U.S.; 70K JOBS ADDED IN PAST YEAR

Houston's job growth is slowing down compared to two years ago.

That's according to the Greater Houston Partnership. Every year the GHP looks into Houston's global economy, offering insight into the region's major trading partners and trends affecting the area's international trade.

Senior VP of Research Patrick Jankowski joined Houston Matters on Friday and said that the city is still doing well, despite the slowdown. The city added around 70,000 jobs in the last 12 months, he said.

"That's lower than what we did last year," Jankowski said. "Last year we had 102,000. We are slowing but we are still growing."

The rates are closer to pre-pandemic years, he added.

"What we're doing is returning to normal after all these years and months, we are back to normal."

In the Houston area, about \$175 billion in trade happens, which makes it the number one city in the U.S. for shipping and trading. Jankowski said for Houstonians, this means jobs.

"If we did not export as much as we had, we would not have as robust an economy and we would not have as many jobs in the region," he said.

Houston's biggest trade partners are China and Mexico, Jankowski said.

"They actually flip flop every now and then, one year it's Mexico, the next year it's China and then it goes back and forth," he said. "But the top five are: China, Mexico, the Netherlands, South Korea and Brazil."

Among the top 20 are Colombia, Chile, Thailand, and Germany.

Some of the major exports from Houston include crude and refined products, steel, industrial equipment, electrical equipment, plastics and chemicals.

"And we still export agricultural products," he said. "Agricultural products aren't necessarily growing around here, but I was surprised to see that if you look at what goes out by containers, among the top 10 exports are ... cotton."

While trade is part of it, there's also direct foreign investment. In 2023, 52 countries overseas announced that companies headquartered in other countries would have operations in Houston, whether through a warehouse, office, research and development or service center.

"Last year we saw an awful lot of companies that would be in alternative energy," he said. "I also saw a number of life sciences companies. ... They're coming to Houston because of the engineering talent, and they're coming to Houston be-

cause we already have a very large life science and healthcare sector here."

Houston also has about 1.7 million foreign-born citizens, about 1 in 4 Houstonians. That number surprised him, Jankowski said.

"As an economy of roughly \$600 billion, foreign-born workers, their output, their contribution to the GDP is about \$200 billion; that's huge," Jankowski said. "The other thing is when you look at some of the countries that we trade with, we actually trade more with Vietnam than we do with Saudi Arabia, and we actually trade more with Ecuador than we do with Australia and that was a surprise to me."

One of Houston's greatest strengths is the port and the companies based in the area. But the area's weakness is infrastructure.

"It's great to see what the ports are doing, what the airports have done, but we still need to do some investment in our roads and our freeways," he said. "You can get it to the port, but you've got to get it from the port onto a flatbed of some sort, and haul it out or bring it in."

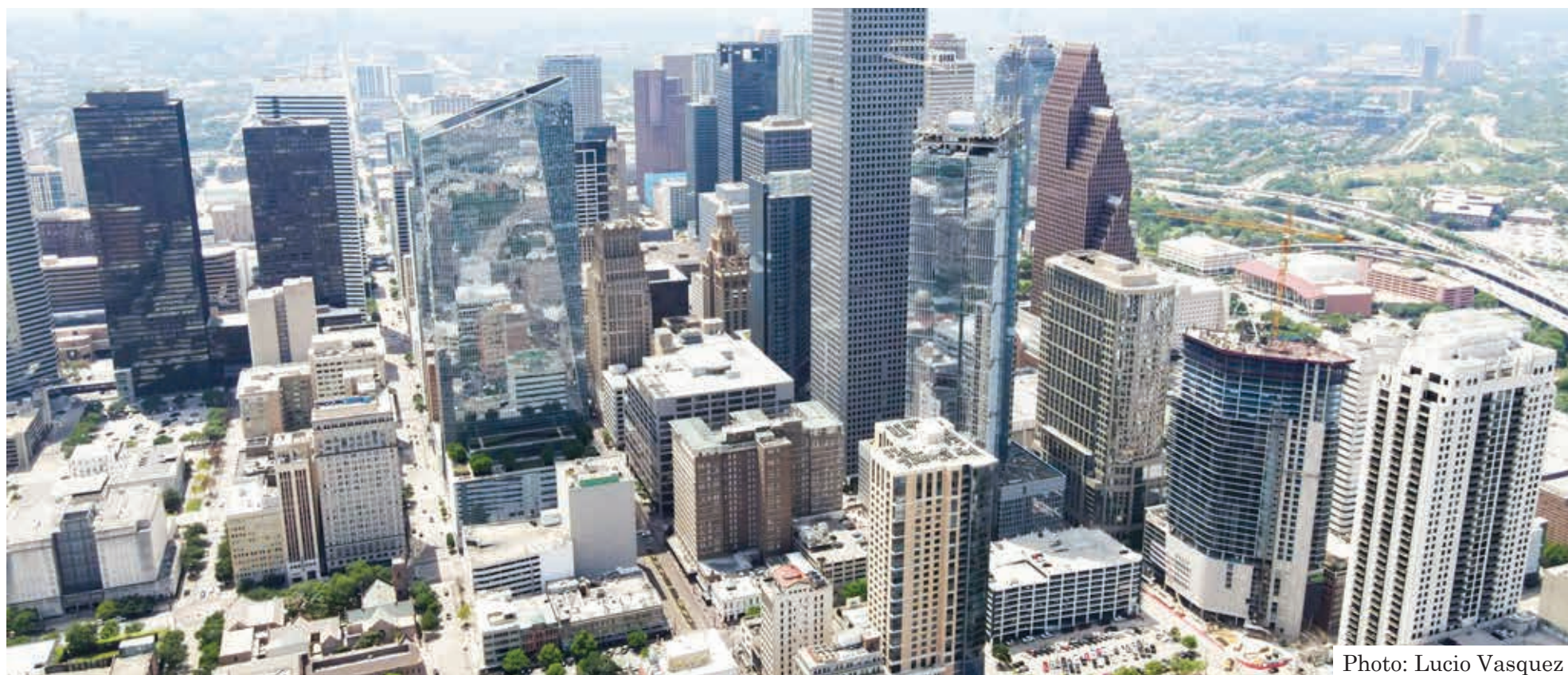


Photo: Lucio Vasquez



VERLANDER 'TURNING OVER STONES' AFTER RARE STUMBLE VS. YANKS

ing, Verlander has thrown at least 95 pitches in each of his past three starts -- and against the Yankees, velocity on all four of his pitches was up from his yearly average.

“[I felt] pretty good physically ... everything has been feeling pretty good,” Verlander said. “I would like to have a tick or two more velo on my fastball, which is something I’ve been expecting because I wasn’t able to long toss really at all. And that’s something that can get me going a little bit.”

But where the physical feel remained, Verlander admitted that a loosened grip on his mechanics contributed to a lack of success against a Yankees lineup that might know him better than any other in the Majors.

Deception takes many forms, but one sign that you’re not fooling anyone is low swing-and-miss totals. According to Statcast, Verlander only induced six whiffs against the Yankees (three each on curveballs and sliders), and both the amount of horizontal and vertical movement on each of his pitches was down. When the walk totals outnumber the strikeout numbers -- three free passes against two punchouts on Tuesday -- it’s not hard to believe there’s room for improvement.

The precision and accuracy struggles plagued Verlander early. He walked Aaron Judge on five pitches in the first frame, yanking sliders and fastballs off the outside corner to put two runners on ahead of Alex Verdugo. Then against the left-handed-hitting outfielder, he spent the majority of the at-bat peppering the outside corner, before attempting to pressure Verdugo with an up-and-in fastball on the seventh pitch; however, Verlander missed his spot and Verdugo deposited a low-and-inside 95 mph four-seamer into the right-field bleachers. A microcosm of Verlander’s evening.

“Tried to go up-and-in, threw

it down-and-in -- threw it right where he likes it,” Verlander said. “That’s really the pitch that’s probably going to nag me most tonight. But obviously, that wasn’t the ball-game.”

For Verlander, who has made 513 career regular-season starts, tonight was just another alert that adjustments have to be made. From his point of view, it’s by no means cause for alarm -- just another opportunity to return to the drawing board and come back stronger. Something he’s done time and time again in his 19-

year career.

“If anything, I figured out that I need to be better, so I’m gonna go,” Verlander said. “Starting tomorrow, I have a lot of work to do. Been here, countless times in my career. One of the things about being a veteran is knowing yourself and knowing when you’re right. You don’t just throw away games like this and say, ‘OK, I’ll be better next time.’”

“There’s a reason. And you’ve got to start turning over stones and find that reason.”

There’s been somewhat of an air of invincibility around Justin Verlander when he steps onto the mound against the Yankees while wearing an Astros uniform.

Entering Tuesday night at Yankee Stadium, the likely future Hall of Famer had only lost two games to New York in the regular season, with Houston holding a 6-3 record in those starts. And that’s without even mentioning his masterful postseason duels he’s had against the Bronx Bombers, like Games 2 and 6 of the 2017 American League Championship Series, or his herculean six-inning effort in Game 1 of the 2022 ALCS.

Even with the 41-year-old making just his fourth start since recovering from right shoulder inflammation, the Astros feel the utmost confidence with Verlander on the mound.

What followed was a continuation of Houston’s early-season doldrums, as it suffered a lopsided 10-3 defeat to the Yankees, dropping to 12-23. A quiet offensive night -- highlighted by Kyle Tucker’s first-inning solo homer -- was magnified by a particularly tough outing for Verlander. He allowed seven earned runs (the most he’s given up to New York as an Astro) on eight hits, surrendering three home runs.

Before the loss, Espada mentioned that he’s been encouraged by how Verlander has shouldered the load since returning from injury, noting his ability to pitch late into games without a visible decrease in stuff. Including Tuesday’s out-



Photo: mlb.com



2024 SCHEDULE PREDICTION

York Jets

- Week 2 - September 15th - Sunday 12 Noon CST - Tennessee Titans
- Week 3 - September 22nd - Sunday 12 Noon CST - at New England Patriots
- Week 4 - September 29th - Sunday Night 7:30 PM CST - at Kansas City Chiefs
- Week 5 - October 6th - Sunday 12 Noon CST - Jacksonville Jaguars
- Week 6 - October 13th - Sunday 3:25 PM CST - at Green Bay Packers
- Week 7 - October 20th - Sunday 12 PM CST - Baltimore Ravens
- Week 8 - October 27th - Sunday 3:25 CST - Miami Dolphins
- Week 9 - BYE WEEK

- Week 10 - November 10th - Sunday 12 Noon CST - at Jacksonville Jaguars
- Week 11 - November 17th - Sunday Night 7:30 PM CST - Buffalo Bills
- Week 12 - November 24th - Sunday 12 Noon CST - Chicago Bears
- Week 13 - November 28th - Thursday 3:25 PM CST - at Dallas Cowboys
- Week 14 - December 8th - Sunday 12 Noon CST - at Tennessee Titans
- Week 15 - December 15th - Monday Night 7:30 PM CST - Detroit Lions
- Week 16 - December 22nd - Sunday 12 Noon CST - at Indianapolis Colts

- Week 17 - December 28th - Saturday 3:25 PM - at Minnesota Vikings
- Week 18 - January 5th - Sunday 12 Noon CST - Indianapolis Colts

The NFL schedule release will happen any day now and it's always a glorious and fun day. But, this year will be even more so with the ascent of the Texans over the past 18 months or so. As such, I'm going to make ONE full schedule prediction that won't be anywhere close to the real thing, but it's fun to play around with before the real one comes out.

So, here it is...my nowhere-close-to-the-real-thing schedule release prediction.

- Week 1 - September 9th - Monday Night 7:30 PM CST - at New

So, that's four Primetime games - a Monday night to open the season at the Jets, a Sunday Night game at Arrowhead against the Chiefs, a Sunday Night game at home against the Bills (the first true SNF home regular season game since 2019) and a Monday night game at home against the Lions. Throw in a Thanksgiving trip to Dallas and that's five on the books. Then, the Texans get one of those Saturday afternoon games at Minnesota in late December.

THAT'S MY PREDICTION FOR THE 2024 SEASON! And, it'll happen just like that!



Photo: houstontexans.com

H-TOWN BLUE: THE COLOR THAT DEFINES HOUSTON'S SPIRIT

By Michael Esparza

The light blue color, known as Columbia Blue, has a rich history in Houston that extends beyond its association with the Houston Oilers. This color has been a significant part of Houston's identity for over a century, symbolizing the city's heritage and its foundational industries. The city's flag, adopted in 1915, prominently features light blue, representing the city's heritage and its foundational industries, such as the locomotive and the plow, which are depicted in the city seal. This early adoption of light blue in the city's flag underscores its historical and cultural importance, predating the establishment of the Houston Oilers in 1960.

The Houston Oilers, estab-

lished in 1960, adopted Columbia Blue as their primary color, a decision influenced by the team's owner, Bud Adams, who had a personal affinity for the color due to his connections with the University of Kansas. This choice not only set the Oilers apart in the American Football League but also began a tradition of light blue in Houston sports.

Following the relocation of the Oilers to Tennessee in 1996, the legacy of Columbia Blue continued in Houston through the Texans, the city's current NFL team. The Texans have incorporated a similar shade, known as H-Town Blue, into their uniforms and branding. Despite the Tennessee Titans holding the intellectual property rights to the Oilers' trademarks, the Texans' move to honor the city's sports history and

reinforce the color's significance as a symbol of Houston's identity demonstrates the enduring connection to the color.

The University of Houston has also played a pivotal role in maintaining the color's relevance in the city. Despite facing legal challenges from the NFL, which issued a cease-and-desist letter over the use of a similar shade of blue in their uniforms, the university stood firm. They informed the league of their intention to continue using the color, highlighting the city's historical ties to it and challenging the notion that the NFL could monopolize a color deeply embedded in Houston's culture. This defiance underscores the broader community's attachment to the color and its significance beyond

the realm of professional sports.

The color's cultural impact is evident in other aspects of Houston's life, such as the Houston Police Department's historical use of light blue for their squad cars. This further cements the color's place in the city's cultural landscape, beyond its sports teams.

In essence, H-Town Blue, as it is now known, transcends its origins with the Houston Oilers to embody Houston's history, pride, and community spirit. It represents a unifying symbol for the city, reflecting its past achievements and aspirations for the future. So, no Titans fans Houston is not stealing your "colors", it's a part of our city's history.



Photo: Brett Coomer



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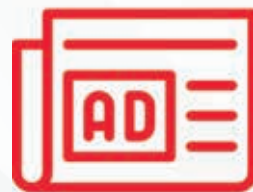


ADVERTISING IN QUE ONDA MAGAZINE OFFERS A STRATEGIC PATHWAY FOR BUSINESSES TO CONNECT WITH THIS INFLUENTIAL DEMOGRAPHIC, LEVERAGING THEIR ECONOMIC AND CIVIC INFLUENCE FOR BRAND RECOGNITION AND ENGAGEMENT IN HOUSTON'S RAPIDLY GROWING HISPANIC COMMUNITY.



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IF YOU'RE INTERESTED IN ADVERTISING WITH QUE ONDA, SHARING AN EVENT, OR PROMOTING YOUR BUSINESS THROUGH ONE OF OUR CHANNELS, SCAN OUR QR CODE TO LEARN MORE!



MENTAL ILLNESS IS NOT A CRIME

In partnership with The Harris Center and law enforcement, the District Attorney's Office ensured 4,000+ mentally ill, non-violent offenders received mental health treatment instead of going to jail.

If someone you know is experiencing a mental health crisis, please call Harris Center for Mental Health at
1-713-970-7000

OFFICE OF DISTRICT ATTORNEY
HARRIS COUNTY, TX



KIM OGG

HARRISCOUNTYDA.COM